

West District Cross Country Championships
Saturday 6th December 2008 Irvine

Under 13 Girls

Pos	No	Name	Club	Cat	Time
1	13	Catriona Graves	Garscube Harriers	U13	00:11:00
2	16	Selena Jackson	Giffnock North AAC	U13	00:11:02
3	44	Kirsty Harper	Kilbarchan AAC	U13	00:11:03
4	32	Meighan McDade	Greenock Glenpark Harriers	U13	00:11:05
5	43	Clemmie Mitchell	Kelvin Runners	U13	00:11:06
6	15	Chloe Cowan	Giffnock North AAC	U13	00:11:09
7	29	Shannon Kangley	Greenock Glenpark Harriers	U13	00:11:10
8	2	Emma Vallely	Ayr Seaforth AAC	U13	00:11:10
9	46	Gwen Gillham	Kilbarchan AAC	U13	00:11:11
10	74	Myrtle Breckenridge	Shettleston Harriers	U13	00:11:11
11	7	Caitlin Hackett	East Kilbride A.C.	U13	00:11:19
12	64	Alice McGrath	Law & District AAC	U13	00:11:20
13	14	Holly Miller	Giffnock North AAC	U13	00:11:20
14	88	Georgia Callander	VP-Glasgow AC	U13	00:11:33
15	75	Kerri Haran	Shettleston Harriers	U13	00:11:39
16	63	Sherelle Graham	Law & District AAC	U13	00:11:46
17	19	Ailya Zurubi	Giffnock North AAC	U13	00:11:52
18	51	Sapphire Lesage	Kilbarchan AAC	U13	00:11:54
19	17	Orla Wheeler	Giffnock North AAC	U13	00:12:03
20	11	Sophie Smith	East Kilbride A.C.	U13	00:12:04
21	41	Suzanne McManus	Irvine AC	U13	00:12:05
22	25	Rebecca Hughes	Glasgow School of Sport	U13	00:12:06
23	80	Jacqueline Pringle	Annan & District AC	U13	00:12:07
24	62	Katie Ord	Larkhall YMCA Harriers	U13	00:12:09
25	76	Hannah Heggarty	Shettleston Harriers	U13	00:12:17
26	38	Chloe Simpson	Inverclyde AC	U13	00:12:19
27	92	Anna Cunningham	VP-Glasgow AC	U13	00:12:19
28	36	Evie Semple	Inverclyde AC	U13	00:12:19
29	35	Amy Meechan	Inverclyde AC	U13	00:12:19
30	23	Megan Adams	Giffnock North AAC	U13	00:12:21
31	30	Gabrielle Fisher	Greenock Glenpark Harriers	U13	00:12:25
32	18	Monica Lowrie	Giffnock North AAC	U13	00:12:25
33	77	Nicola Mackay	Shettleston Harriers	U13	00:12:29
34	84	Iona Wilson	VP-Glasgow AC	U13	00:12:32
35	68	Melissa McCrindle	Nithsdale AC	U13	00:12:38
36	9	Olivia Steven	East Kilbride A.C.	U13	00:12:41
37	21	Isabelle Murray	Giffnock North AAC	U13	00:12:55
38	12	Jessica Smith	East Kilbride A.C.	U13	00:12:56
39	33	Megan Robertson	Helensburgh AAC	U13	00:12:58
40	27	Rebecca McDiarmid	Greenock Glenpark Harriers	U13	00:13:05
41	56	Lorne Kerr	Kilmarnock H&AC	U13	00:13:07
42	78	Lisa Walker	Shettleston Harriers	U13	00:13:17
43	26	Ellidh Clark	Glasgow School of Sport	U13	00:13:23
44	65	Margaret Newell	Law & District AAC	U13	00:15:40

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Pos	Club	Name	Time	Total
1	Giffnock North AAC	Selena Jackson	00:11:02	2
		Chloe Cowan	00:11:09	6
		Holly Miller	00:11:20	13
	Giffnock North AAC Total			21
2	Kilbarchan AAC	Kirsty Harper	00:11:03	3
		Gwen Gillham	00:11:11	9
		Sapphire Lesage	00:11:54	18
	Kilbarchan AAC Total			30
3	Greenock Glenpark Harriers	Meighan McDade	00:11:05	4
		Shannon Kangley	00:11:10	7
		Gabrielle Fisher	00:12:25	31
	Greenock Glenpark Harriers Total			42
4	Shettleston Harriers	Myrtle Breckenridge	00:11:11	10
		Kerri Haran	00:11:39	15
		Hannah Heggarty	00:12:17	25
	Shettleston Harriers Total			50
5	East Kilbride A.C.	Caitlin Hackett	00:11:19	11
		Sophie Smith	00:12:04	20
		Olivia Steven	00:12:41	36
	East Kilbride A.C. Total			67
6	Law & District AAC	Alice McGrath	00:11:20	12
		Sherelle Graham	00:11:46	16
		Margaret Newell	00:15:40	44
	Law & District AAC Total			72
7	VP-Glasgow AC	Georgia Callander	00:11:33	14
		Anna Cunningham	00:12:19	27
		Iona Wilson	00:12:32	34
	VP-Glasgow AC Total			75
8	Inverclyde AC	Chloe Simpson	00:12:19	26
		Evie Semple	00:12:19	28
		Amy Meechan	00:12:19	29
	Inverclyde AC Total			83

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Under13 Boys

Pos	No	Name	Club	Cat	Time
1	100	Stuart Mcluckie	Airdrie Harriers	U13	00:11:21
2	198	Lewis Boyle	VP-Glasgow AC	U13	00:11:23
3	169	Gavin Alexander	Kirkintilloch Olympians	U13	00:11:29
4	152	Euan Gillham	Kilbarchan AAC	U13	00:11:33
5	148	Jack Rice	Inverclyde AC	U13	00:11:34
6	143	Jonathan Glen	Inverclyde AC	U13	00:11:35
7	124	Dougie Britton	Giffnock North AAC	U13	00:11:39
8	190	Callum Drummond	Shettleston Harriers	U13	00:11:47
9	142	Ross Kennedy	Helensburgh AAC	U13	00:12:02
10	144	Ross Gray	Inverclyde AC	U13	00:12:03
11	125	Rob Gourley	Giffnock North AAC	U13	00:12:06
12	200	Liam ShaunTurner	VP-Glasgow AC	U13	00:12:09
13	199	Fraser Barbour	VP-Glasgow AC	U13	00:12:14
14	201	James Finlay	VP-Glasgow AC	U13	00:12:15
15	150	Kian Douglas	Irvine AC	U13	00:12:16
16	159	Rorie Tracey	Kilbarchan AAC	U13	00:12:19
17	157	Callum Matthews	Kilbarchan AAC	U13	00:12:20
18	193	Marcus Gault	Shettleston Harriers	U13	00:12:27
19	187	Ross Stephen	Ron Hill Cambuslang Harriers	U13	00:12:31
20	179	Luke Foss	Law & District AAC	U13	00:12:33
21	126	Gil Banks	Giffnock North AAC	U13	00:12:38
22	206	Craig Whyteside	Whitemoss AAC	U13	00:12:41
23	205	Jack Moreland	VP-Glasgow AC	U13	00:12:45
24	117	Stuart Curran	East Kilbride A.C.	U13	00:12:45
25	103	Darius Graham	Ayr Seaforth AAC	U13	00:12:47
26	127	Dewi Gould	Giffnock North AAC	U13	00:12:48
27	204	Jamie Middleton	VP-Glasgow AC	U13	00:12:54
28	207	Calum Walker	Whitemoss AAC	U13	00:12:56
29	123	Fraser Knox	Garscube Harriers	U13	00:12:59
30	203	Murray Sim	VP-Glasgow AC	U13	00:12:59
31	191	Ryan Flanagan	Shettleston Harriers	U13	00:13:04
32	118	Jack Kirwan	East Kilbride A.C.	U13	00:13:07
33	171	Kieran Pugh	Kirkintilloch Olympians	U13	00:13:07
34	164	Gavin McArdle	Kilbarchan AAC	U13	00:13:09
35	202	Kieron Rafferty	VP-Glasgow AC	U13	00:13:11
36	128	Jamie Cook	Giffnock North AAC	U13	00:13:11
37	192	Jock Breckenridge	Shettleston Harriers	U13	00:13:15
38	132	William Johnston	Giffnock North AAC	U13	00:13:18
39	119	Cameron Scott	East Kilbride A.C.	U13	00:13:19
40	145	Joshua Houston	Inverclyde AC	U13	00:13:20
41	146	Andrew Kelham	Inverclyde AC	U13	00:13:22
42	104	Shaun Rennie	Ayr Seaforth AAC	U13	00:13:32
43	196	Robert Patterson	Shettleston Harriers	U13	00:13:40
44	162	Cameron Swanson	Kilbarchan AAC	U13	00:13:40
45	139	Gerard Smith	Greenock Glenpark Harriers	U13	00:13:43
46	151	Gordon Wilson	Irvine AC	U13	00:13:48
47	130	Sam Woods	Giffnock North AAC	U13	00:13:57
48	140	Ross Forbes	Greenock Glenpark Harriers	U13	00:13:59
49	101	Martin McCormack	Airdrie Harriers	U13	00:14:01
50	116	James Pearson	East Kilbride A.C.	U13	00:14:04
51	113	Paul Mullen	Calderglen Harriers	U13	00:14:07
52	167	Scott Griffin	Kilmarnock H&AC	U13	00:14:10
53	120	Duncan Coull	East Kilbride A.C.	U13	00:14:12

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54	181	Brendan Carey	Ron Hill Cambuslang Harriers	U13	00:14:14
55	168	Andrew Jones	Kilmarnock H&AC	U13	00:14:18
56	153	Alan Sharp	Kilbarchan AAC	U13	00:14:26
57	172	Andrew Sykes	Kirkintilloch Olympians	U13	00:14:53
58	105	Ben Steven	Ayr Seaforth AAC	U13	00:14:58
59	170	Fraser Connal	Kirkintilloch Olympians	U13	00:15:04
60	108	Alistair Crawford	Calderglen Harriers	U13	00:15:10
61					
62	182	Fraser Ebbitt	Ron Hill Cambuslang Harriers	U13	00:16:23

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Under13 Boys

Pos	Club	Name	Time	Total
1	Inverclyde AC	Jack Rice	00:11:34	5
		Jonathan Glen	00:11:35	6
		Ross Gray	00:12:03	10
	Inverclyde AC Total			21
2	VP-Glasgow AC	Lewis Boyle	00:11:23	2
		Liam ShaunTurner	00:12:09	12
		Fraser Barbour	00:12:14	13
	VP-Glasgow AC Total			27
3	Kilbarchan AAC	Euan Gillham	00:11:33	4
		Rorie Tracey	00:12:19	16
		Callum Matthews	00:12:20	17
	Kilbarchan AAC Total			37
4	Giffnock North AAC	Dougie Britton	00:11:39	7
		Rob Gourley	00:12:06	11
		Gil Banks	00:12:38	21
	Giffnock North AAC Total			39
5	Shettleston Harriers	Callum Drummond	00:11:47	8
		Marcus Gault	00:12:27	18
		Ryan Flanagan	00:13:04	31
	Shettleston Harriers Total			57
6	Kirkintilloch Olympians	Gavin Alexander	00:11:29	3
		Kieran Pugh	00:13:07	33
		Andrew Sykes	00:14:53	57
	Kirkintilloch Olympians Total			93
7	East Kilbride A.C.	Stuart Curran	00:12:45	24
		Jack Kirwan	00:13:07	32
		Cameron Scott	00:13:19	39
	East Kilbride A.C. Total			95
8	Calderglen Harriers	Paul Mullen	00:14:07	51
		Alistair Crawford	00:15:10	60
	Calderglen Harriers Total			111
9	Ayr Seaforth AAC	Darius Graham	00:12:47	25
		Shaun Rennie	00:13:32	42
		Ben Steven	00:14:58	58
	Ayr Seaforth AAC Total			125

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Ron Hill Cambuslang Harriers		
Ross Stephen	00:12:31	19
Brendan Carey	00:14:14	54
Fraser Ebbitt	00:16:23	62
Ron Hill Cambuslang Harriers Total		135

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Under 15 Boys

Pos	No	Name	Club	Cat	Time
1	427	Craig Wellcoat	Law & District AAC	U15	00:14:12
2	385	Grant Muir	Giffnock North AAC	U15	00:14:18
3	361	Finlay Rae	Ayr Seaforth AAC	U15	00:14:35
4	387	Jack Walker	Giffnock North AAC	U15	00:14:52
5	388	Sandy Nimmo	Giffnock North AAC	U15	00:14:56
6	386	Max Lott	Giffnock North AAC	U15	00:15:12
7	442	Max Aitchison	VP-Glasgow AC	U15	00:15:19
8	435	Michael Rankin	Ron Hill Cambuslang Harriers	U15	00:15:21
9	405	Rory Kelham	Inverclyde AC	U15	00:15:23
10	391	Jonathan Tweedie	Giffnock North AAC	U15	00:15:25
11	390	Neil Gourley	Giffnock North AAC	U15	00:15:37
12	445	Craig Young	VP-Glasgow AC	U15	00:15:43
13	412	Russell Mountford	Kilbarchan AAC	U15	00:15:45
14	443	Hugh Mackenzie	VP-Glasgow AC	U15	00:15:56
15	421	Scott Lawrie	Kirkintilloch Olympians	U15	00:16:00
16	409	Marc Austin	Kelvin Runners	U15	00:16:10
17	413	Craig Haxton	Kilbarchan AAC	U15	00:16:11
18	410	Matt Wild	Kilbarchan AAC	U15	00:16:12
19	389	James Gray	Giffnock North AAC	U15	00:16:20
20	430	David Sloan	Nithsdale AC	U15	00:16:23
21	362	David Carter	Ayr Seaforth AAC	U15	00:16:26
22	420	Callum Heirs	Kirkintilloch Olympians	U15	00:16:27
23	382	Scott Hernon	East Kilbride A.C.	U15	00:16:31
24	368	Ewan Murray	Calderglen Harriers	U15	00:16:33
25	414	Calum MacLeod	Kilbarchan AAC	U15	00:16:38
26	426	Ross Hill	Law & District AAC	U15	00:16:39
27	394	Scott Young	Giffnock North AAC	U15	00:16:48
28	447	James Ross	VP-Glasgow AC	U15	00:16:51
29	392	Christopher Russell	Giffnock North AAC	U15	00:17:02
30	432	Matthew McKenna	Ron Hill Cambuslang Harriers	U15	00:17:03
31	379	Ben Stafford	East Kilbride A.C.	U15	00:17:08
32	425	Daniel Graham	Law & District AAC	U15	00:17:14
33	448	Euan Walker	Whitemoss AAC	U15	00:17:15
34	399	Andrew Clark	Giffnock North AAC	U15	00:17:16
35	404	Michael Houston	Inverclyde AC	U15	00:17:19
36	401	David Raey	Greenock Glenpark Harriers	U15	00:17:23
37	416	Cameron Mackie	Kilmarnock H&AC	U15	00:17:28
38	444	Paul MacFarlane	VP-Glasgow AC	U15	00:17:30
39	418	Roy Shankland	Kilmarnock H&AC	U15	00:17:42
40	439	Archie Breckenridge	Shettleston Harriers	U15	00:17:47
41	436	Stuart Roe	Ron Hill Cambuslang Harriers	U15	00:17:52
42	406	Matthew Thomson	Inverclyde AC	U15	00:17:59
43	393	Anthony Deveney	Giffnock North AAC	U15	00:18:04
44	400	Adam McCormick	Greenock Glenpark Harriers	U15	00:18:08
45	395	Jamie Lewis	Giffnock North AAC	U15	00:18:14
46	370	Richard Campbell	Calderglen Harriers	U15	00:18:27
47	378	Tony Dolan	Clydesdale Harriers	U15	00:18:34
48	373	Kris Stewart	Calderglen Harriers	U15	00:19:40
49	402	Keir Abercrombie	Greenock Glenpark Harriers	U15	00:20:18
50	366	Callum Gracie	Ayr Seaforth AAC	U15	00:20:38
51	377	Lewis Wood	Clydesdale Harriers	U15	00:23:42

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Pos	Club	Name	Time	Total
1	Giffnock North AAC	Grant Muir	00:14:18	2
		Jack Walker	00:14:52	4
		Sandy Nimmo	00:14:56	5
	Giffnock North AAC Total			11
2	VP-Glasgow AC	Max Aitchison	00:15:19	7
		Craig Young	00:15:43	12
		Hugh Mackenzie	00:15:56	14
	VP-Glasgow AC Total			33
3	Kilbarchan AAC	Russell Mountford	00:15:45	13
		Craig Haxton	00:16:11	17
		Matt Wild	00:16:12	18
	Kilbarchan AAC Total			48
4	Law & District AAC	Craig Wellcoat	00:14:12	1
		Ross Hill	00:16:39	26
		Daniel Graham	00:17:14	32
	Law & District AAC Total			59
5	Ayr Seaforth AAC	Finlay Rae	00:14:35	3
		David Carter	00:16:26	21
		Callum Gracie	00:20:38	50
	Ayr Seaforth AAC Total			74
6	Ron Hill Cambuslang Harriers	Michael Rankin	00:15:21	8
		Matthew McKenna	00:17:03	30
		Stuart Roe	00:17:52	41
	Ron Hill Cambuslang Harriers Total			79
7	Inverclyde AC	Rory Kelham	00:15:23	9
		Michael Houston	00:17:19	35
		Matthew Thomson	00:17:59	42
	Inverclyde AC Total			86
8	Calderglen Harriers	Ewan Murray	00:16:33	24
		Richard Campbell	00:18:27	46
		Kris Stewart	00:19:40	48
	Calderglen Harriers Total			118
9	Greenock Glenpark Harriers	David Raey	00:17:23	36
		Adam McCormick	00:18:08	44
		Keir Abercrombie	00:20:18	49
	Greenock Glenpark Harriers Total			129

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Under 15 Girls

Pos	No	Name	Club	Cat
1	214	Sarah Cassells	Ayr Seaforth AAC	U15
2	305	Joanna Muir	Stewartry AC	U15
3	287	Mairi Brown	Ron Hill Cambuslang Harriers	U15
4	235	Madeline Murray	Giffnock North AAC	U15
5	301	Shannon McLellan	Shettleston Harriers	U15
6	265	Kate Gillies	Kilbarchan AAC	U15
7	294	Amanda Monaghan	Shettleston Harriers	U15
8	304	Katy Brown	Stewartry AC	U15
9	271	Amanda Humes	Kilmarnock H&AC	U15
10	298	Sarah Winters	Shettleston Harriers	U15
11	286	Danielle Beattie	Nithsdale AC	U15
12	237	Olivia Keenan	Giffnock North AAC	U15
13	310	Maria Milliken	VP-Glasgow AC	U15
14	242	Linzi Cowan	Giffnock North AAC	U15
15	262	Elaine Eadie	Kilbarchan AAC	U15
16	288	Lucy Deeny	Ron Hill Cambuslang Harriers	U15
17	309	Amy MacLellan	VP-Glasgow AC	U15
18	236	Stephanie Fairfield	Giffnock North AAC	U15
19	307	Deborah Hannah	VP-Glasgow AC	U15
20	254	Lisa MacDonald	Inverclyde AC	U15
21	247	Sarah Hodge	Glasgow School of Sport	U15
22	299	Stella Winters	Shettleston Harriers	U15
23	241	Frances Lowrie	Giffnock North AAC	U15
24	263	Jennifer Eadie	Kilbarchan AAC	U15
25	239	Constance HopeMack	Giffnock North AAC	U15
26	300	Danielle McConway	Shettleston Harriers	U15
27	273	Eve Kerr	Kilmarnock H&AC	U15
28	295	Helen Pawelczyk	Shettleston Harriers	U15
29	256	Emma Meechan	Inverclyde AC	U15
30	283	Julie Dobbin	Law & District AAC	U15
31	266	Emma Haddock	Kilbarchan AAC	U15
32	252	Madeline Robinson	Helensburgh AAC	U15
33	272	Bethany Ross	Kilmarnock H&AC	U15
34	303	Rebecca Nicholson	Shettleston Harriers	U15
35	240	April Miller	Giffnock North AAC	U15
36	285	Samantha Stevenson	Law & District AAC	U15
37	311	Sarah Millar	Whitemoss AAC	U15
38	248	Amy McCafferty	Glasgow School of Sport	U15
39	270	Cleo Jackson	Kilbarchan AAC	U15
40	225	Rachel Fairlie	East Kilbride A.C.	U15
41	274	Stephanie Sloan	Kilmarnock H&AC	U15
42	259	Paige Douglas	Irvine AC	U15
43	216	Lauren Goldie	Ayr Seaforth AAC	U15
44	267	Cara Butler	Kilbarchan AAC	U15
45	249	Carly Dagleish	Greenock Glenpark Harriers	U15
46	268	Fiona Bowes	Kilbarchan AAC	U15
47	291	Kerrie Miller	Ron Hill Cambuslang Harriers	U15
48	228	Emma Fairlie	East Kilbride A.C.	U15
49	279	Evelyn Bryce	Larkhall YMCA Harriers	U15
50	219	Kirstie Kelly	Clydesdale Harriers	U15
51	220	Claire Reid	Clydesdale Harriers	U15
52	253	Sarah Glenny	Inverclyde AC	U15
53	231	Hayley Middleton	East Kilbride A.C.	U15
54	218	Emma Campbell	Calderglen Harriers	U15

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Pos	Club	Name	Cat	Total
1	Shettleston Harriers	Shannon McLellan	U15	5
		Amanda Monaghan	U15	7
		Sarah Winters	U15	10
	Shettleston Harriers Total			
2	Giffnock North AAC	Madeline Murray	U15	4
		Olivia Keenan	U15	12
		Linzi Cowan	U15	14
	Giffnock North AAC Total			
3	Kilbarchan AAC	Kate Gillies	U15	6
		Elaine Eadie	U15	15
		Jennifer Eadie	U15	24
	Kilbarchan AAC Total			
4	VP-Glasgow AC	Maria Milliken	U15	13
		Amy MacLellan	U15	17
		Deborah Hannah	U15	19
	VP-Glasgow AC Total			
5	Ron Hill Cambuslang Harriers	Mairi Brown	U15	3
		Lucy Deeny	U15	16
		Kerrie Miller	U15	47
	Ron Hill Cambuslang Harriers Total			
6	Kilmarnock H&AC	Amanda Humes	U15	9
		Eve Kerr	U15	27
		Bethany Ross	U15	33
	Kilmarnock H&AC Total			
7	Inverclyde AC	Lisa MacDonald	U15	20
		Emma Meechan	U15	29
		Sarah Glenny	U15	52
	Inverclyde AC Total			

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U17 Men

Pos	No	Name	Club	Cat	Time
1	606	Callum Hawkins	Kilbarchan AAC	U17	00:19:55
2	629	Lachlan Oates	Shettleston Harriers	U17	00:20:29
3	619	David Vernon	Nithsdale AC	U17	00:21:03
4	602	Andrew McAlpine	Kilbarchan AAC	U17	00:21:15
5	620	Kyle McLellan	Nithsdale AC	U17	00:21:16
6	627	Stewart Orr	Ron Hill Cambuslang Harriers	U17	00:21:18
7	630	Andrew Dearie	Shettleston Harriers	U17	00:21:19
8	631	Gary McBride	Shettleston Harriers	U17	00:21:24
9	600	Andrew Campbell	Inverclyde AC	U17	00:21:38
10	624	Jack Hamilton	Ron Hill Cambuslang Harriers	U17	00:21:54
11	604	Scott MacAulay	Kilbarchan AAC	U17	00:21:56
12	591	Mathew Ritchie	Giffnock North AAC	U17	00:21:56
13	590	Miles Hollinshead	Giffnock North AAC	U17	00:22:13
14	605	Stephen Fleming	Kilbarchan AAC	U17	00:22:16
15	598	Lee Wilson	Glasgow School of Sport	U17	00:22:20
16	579	Andrew Rae	Ayr Seaforth AAC	U17	00:22:47
17	583	Adam Gatens	East Kilbride A.C.	U17	00:22:55
18	595	Greg Turner	Giffnock North AAC	U17	00:23:00
19	626	Andrew Hunter	Ron Hill Cambuslang Harriers	U17	00:23:08
20	608	Thomas McDonald	Kilbarchan AAC	U17	00:23:32
21	582	Peter Bowman	Clydesdale Harriers	U17	00:23:33
22	615	Craig McIntyre	Kirkintilloch Olympians	U17	00:23:35
23	621	Ronan McLellan	Nithsdale AC	U17	00:23:52
24	610	Ross Connelly	Kilmarnock H&AC	U17	00:24:06
25	601	Paul Currie	Inverclyde AC	U17	00:24:20
26	581	Jonathan Dunn	Ayr Seaforth AAC	U17	00:24:25
27	584	Andrew Shaw	East Kilbride A.C.	U17	00:25:32
28	589	Digger Clark	Galloway Harriers	U17	00:25:48
29	618	Bobby Hill	Law & District AAC	U17	00:26:11

U17 Ladies

Pos	No	Name	Club	Cat	Time
1	349	Elizabeth Potter	VP-Glasgow AC	U17	00:15:35
2	347	Hollie Young	VP-Glasgow AC	U17	00:16:12
3	321	Catriona Lockie	Giffnock North AAC	U17	00:16:45
4	350	Rhian Dawes	VP-Glasgow AC	U17	00:16:55
5	322	Claire McAuley	Giffnock North AAC	U17	00:16:59
6	345	Nicola Lindsay	Law & District AAC	U17	00:17:07
7	333	Emma Rice	Inverclyde AC	U17	00:17:28
8	334	Sarah Munn	Irvine AC	U17	00:17:33
9	341	Alexandra Lamond	Kirkintilloch Olympians	U17	00:17:40
10	348	Sarah Potter	VP-Glasgow AC	U17	00:18:13
11	332	Nynke Mullholland	Inverclyde AC	U17	00:18:19
12	331	Deborah Moore	Inverclyde AC	U17	00:18:32
13	325	Samantha Kelly	Glasgow School of Sport	U17	00:19:01
14	323	Kathryn BGriffin	Giffnock North AAC	U17	00:20:03
15	324	Louise Hill-Stirling	Girvan AAC	U17	00:20:41
16	327	Cheryl Clarke	Helensburgh AAC	U17	00:21:00
17	342	Lauren McIntyre	Kirkintilloch Olympians	U17	00:21:24
18	346	Stephanie Lawrie	Nithsdale AC	U17	00:23:31

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U17 Men

Pos	Club	Name	Cat	Time	Total
1	Kilbarchan AAC	Callum Hawkins	U17	00:19:55	1
		Andrew McAlpine	U17	00:21:15	4
		Scott MacAulay	U17	00:21:56	11
	Kilbarchan AAC Total				16
2	Shettleston Harriers	Lachlan Oates	U17	00:20:29	2
		Andrew Dearie	U17	00:21:19	7
		Gary McBride	U17	00:21:24	8
	Shettleston Harriers Total				17
3	Nithsdale AC	David Vernon	U17	00:21:03	3
		Kyle McLellan	U17	00:21:16	5
		Ronan McLellan	U17	00:23:52	23
	Nithsdale AC Total				31
4	Ron Hill Cambuslang Harriers	Stewart Orr	U17	00:21:18	6
		Jack Hamilton	U17	00:21:54	10
		Andrew Hunter	U17	00:23:08	19
	Ron Hill Cambuslang Harriers Total				35
5	Giffnock North AAC	Mathew Ritchie	U17	00:21:56	12
		Miles Hollinshead	U17	00:22:13	13
		Greg Turner	U17	00:23:00	18
	Giffnock North AAC Total				43

U17 Ladies

Pos	Club	Name	Cat	Time	Total
1	VP-Glasgow AC	Elizabeth Potter	U17	00:15:35	1
		Hollie Young	U17	00:16:12	2
		Rhian Dawes	U17	00:16:55	4
	VP-Glasgow AC Total				7
2	Giffnock North AAC	Catriona Lockie	U17	00:16:45	3
		Claire McAuley	U17	00:16:59	5
		Kathryn BGriffin	U17	00:20:03	14
	Giffnock North AAC Total				22
3	Inverclyde AC	Emma Rice	U17	00:17:28	7
		Nynke Mullholland	U17	00:18:19	11
		Deborah Moore	U17	00:18:32	12
	Inverclyde AC Total				30

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Senior Junior Ladies

Pos	No	Name	Club	M/F	Cat	Time
1	467	Nicola Hood	VP-Glasgow AC	0	U20	00:22:44
2	466	Danielle Brown	Springburn Harriers	0	U20	00:22:59
3	468	Josephine Moultrie	VP-Glasgow AC	0	U20	00:23:31
4	460	Elsbeth Curran	Kilbarchan AAC	0	U20	00:23:56
5	530	Leanne Hamilton	Kilbarchan AAC	0	Sen	00:24:18
6	483	Elke Schmidt	Bellahouston Road Runners	0	Sen	00:24:40
7	461	Natalie Sharp	Kilbarchan AAC	0	U20	00:24:58
8	508	R Joss	Giffnock North AAC	0	U20	00:25:03
9	562	Frances Florence	Springburn Harriers	0	Vet	00:25:06
10	520	Julia Henderson	Helensburgh AAC	0	Sen	00:25:10
11	481	Emma Birnie	Bellahouston Road Runners	0	Sen	00:25:14
12	532	Louise Manson	Kilbarchan AAC	0	Sen	00:25:17
13	564	Michelle Sandison	Springburn Harriers	0	Sen	00:25:19
14	496	Alison Winship	Garscube Harriers	0	Sen	00:25:22
15	567	Donna Finlayson	VP-Glasgow AC	0	Sen	00:25:22
16	469	Rebecca Finch	VP-Glasgow AC	0	U20	00:25:27
17	462	Jessica Martin	Kilbarchan AAC	0	U20	00:25:43
18	568	Jacqueline Thomson	VP-Glasgow AC	0	Vet	00:25:45
19	509	Mary McCutcheon	Giffnock North AAC	0	Vet	00:26:08
20	538	Kara Tait	Kilmarnock H&AC	0	U20	00:26:09
21	463	Christina Rankin	Kilbarchan AAC	0	U20	00:26:14
22	541	Lindsay McMahon	Kilmarnock H&AC	0	Sen	00:26:15
23	479	Claire Thompson	Bellahouston Road Runners	0	Sen	00:26:22
24	531	Karen Yule	Kilbarchan AAC	0	Sen	00:26:26
25	521	Michelle Hetherington	Helensburgh AAC	0	Vet	00:26:28
26	537	Cara Sloss	Kilbarchan AAC	0	Sen	00:26:30
27	506	Yvonne Hamilton	Giffnock North AAC	0	Sen	00:26:31
28	522	Claire Heasman	Helensburgh AAC	0	Sen	00:26:32
29	551	Joanne Clark	Motherwell AC	0	Sen	00:26:36
30	458	Emma Baxter	Greenock Glenpark Harriers	0	U20	00:26:46
31	472	Erica Christie	Bellahouston Harriers	0	Vet	00:26:47
32	493	Ann Murray	Clydesdale Harriers	0	Vet	00:27:03
33	464	Michelle Bell	Kilbarchan AAC	0	U20	00:27:14
34	504	Marion Kelly	Garscube Harriers	0	Sen	00:27:20
35	544	Ada Stewart	Kirkintilloch Olympians	0	Vet	00:27:24
36	495	Joanne McEvoy	East Kilbride A.C.	0	Sen	00:27:28
37	465	Lauren Campbell	Kilmarnock H&AC	0	U20	00:27:35
38	485	Amanda Wilson	Bellahouston Road Runners	0	Sen	00:27:36
39	498	Heather McIntosh	Garscube Harriers	0	Vet	00:27:41
40	539	Emma Mackie	Kilmarnock H&AC	0	Sen	00:27:59
41	554	Phyllis Hands	Motherwell AC	0	Vet	00:28:00
42	528	Helen Morton	Irvine AC	0	Vet	00:28:02
43	519	Morag Campbell	Greenock Glenpark Harriers	0	Sen	00:28:09
44	524	Tina Munro	Helensburgh AAC	0	Vet	00:28:14
45	514	Sheila Lewis	Giffnock North AAC	0	Vet	00:28:21
46	561	Caroline Brownlie	Springburn Harriers	0	Sen	00:28:35
47	546	Marie McChord	Kirkintilloch Olympians	0	Vet	00:28:42
48	499	Ailsa Currie	Garscube Harriers	0	Vet	00:28:44
49	543	Paula Wilson	Kilmarnock H&AC	0	Sen	00:28:51
50	511	Jacqueline Cowan	Giffnock North AAC	0	Vet	00:28:58
51	552	Clare Barr	Motherwell AC	0	Sen	00:29:00
52	523	Mary Louise MacQuarrie	Helensburgh AAC	0	Sen	00:29:19
53	482	Jacqueline McGuire	Bellahouston Road Runners	0	Sen	00:29:23

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54	540 Elizabeth McDerment	Kilmarnock H&AC	0 Sen	00:29:27
55	529 Elizabeth McGarry	Irvine AC	0 Vet	00:29:37
56	556 Gayle Tait	Motherwell AC	0 Sen	00:29:39
57	486 Claire Blue	Bellahouston Road Runners	0 Sen	00:29:40
58	515 Terry Wall	Greenock Glenpark Harriers	0 Vet	00:29:51
59	525 Janet Fellowes	Helensburgh AAC	0 Vet	00:30:02
60	569 Muffy Calder	Westerlands XC Club	0 Vet	00:30:12
61	480 Julia Harris	Bellahouston Road Runners	0 Vet	00:30:20
62	553 Elaine Jamieson	Motherwell AC	0 Sen	00:30:27
63	535 Fiona McIntyre	Kilbarchan AAC	0 Sen	00:30:59
64	545 Shirley MacNab	Kirkintilloch Olympians	0 Vet	00:31:44
65	473 Sharon Taylor	Bellahouston Harriers	0 Vet	00:32:19
66	527 Mary Miller	Irvine AC	0 Vet	00:32:24
67	560 Susan Breckenridge	Shettleston Harriers	0 Vet	00:33:04
68	475 Joanne Sharp	Bellahouston Harriers	0 Sen	00:33:54
69	542 Marion Burns	Kilmarnock H&AC	0 Vet	00:34:07

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Senior Junior Ladies

Pos	Club	Name	Cat	Time	Total
1	Kilbarchan AAC	Elspeth Curran	U20	00:23:56	4
		Leanne Hamilton	Sen	00:24:18	5
		Natalie Sharp	U20	00:24:58	7
	Kilbarchan AAC Total				
2	VP-Glasgow AC	Nicola Hood	U20	00:22:44	1
		Josephine Moultrie	U20	00:23:31	3
		Donna Finlayson	Sen	00:25:22	15
	VP-Glasgow AC Total				
3	Springburn Harriers	Danielle Brown	U20	00:22:59	2
		Frances Florence	Vet	00:25:06	9
		Michelle Sandison	Sen	00:25:19	13
	Springburn Harriers Total				
4	Bellahouston Road Runners	Elke Schmidt	Sen	00:24:40	6
		Emma Birnie	Sen	00:25:14	11
		Claire Thompson	Sen	00:26:22	23
	Bellahouston Road Runners Total				
5	Giffnock North AAC	R Joss	U20	00:25:03	8
		Mary McCutcheon	Vet	00:26:08	19
		Yvonne Hamilton	Sen	00:26:31	27
	Giffnock North AAC Total				
6	Helensburgh AAC	Julia Henderson	Sen	00:25:10	10
		Michelle Hetherington	Vet	00:26:28	25
		Claire Heasman	Sen	00:26:32	28
	Helensburgh AAC Total				
7	Kilmarnock H&AC	Kara Tait	U20	00:26:09	20
		Lindsay McMahon	Sen	00:26:15	22
		Lauren Campbell	U20	00:27:35	37
	Kilmarnock H&AC Total				
8	Garscube Harriers	Alison Winship	Sen	00:25:22	14
		Marion Kelly	Sen	00:27:20	34
		Heather McIntosh	Vet	00:27:41	39
	Garscube Harriers Total				
9	Motherwell AC	Joanne Clark	Sen	00:26:36	29
		Phyllis Hands	Vet	00:28:00	41
		Clare Barr	Sen	00:29:00	51
	Motherwell AC Total				

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10	Greenock Glenpark Harriers				
		Emma Baxter	U20	00:26:46	30
		Morag Campbell	Sen	00:28:09	43
		Terry Wall	Vet	00:29:51	58
	Greenock Glenpark Harriers Total				131

11	Kirkintilloch Olympians				
		Ada Stewart	Vet	00:27:24	35
		Marie McChord	Vet	00:28:42	47
		Shirley MacNab	Vet	00:31:44	64
	Kirkintilloch Olympians Total				146

12	Irvine AC				
		Helen Morton	Vet	00:28:02	42
		Elizabeth McGarry	Vet	00:29:37	55
		Mary Miller	Vet	00:32:24	66
	Irvine AC Total				163

13	Bellahouston Harriers				
		Erica Christie	Vet	00:26:47	31
		Sharon Taylor	Vet	00:32:19	65
		Joanne Sharp	Sen	00:33:54	68
	Bellahouston Harriers Total				164

Vet Ladies Team

Pos	Club	Name	Cat	Time	Total
1	Giffnock North AAC				
		Mary McCutcheon	Vet	00:26:08	19
		Sheila Lewis	Vet	00:28:21	45
		Jacqueline Cowan	Vet	00:28:58	50
	Giffnock North AAC Total				114

2	Helensburgh AAC				
		Michelle Hetherington	Vet	00:26:28	25
		Tina Munro	Vet	00:28:14	44
		Janet Fellowes	Vet	00:30:02	59
	Helensburgh AAC Total				128

3	Kirkintilloch Olympians				
		Ada Stewart	Vet	00:27:24	35
		Marie McChord	Vet	00:28:42	47
		Shirley MacNab	Vet	00:31:44	64
	Kirkintilloch Olympians Total				146

4	Irvine AC				
		Helen Morton	Vet	00:28:02	42
		Elizabeth McGarry	Vet	00:29:37	55
		Mary Miller	Vet	00:32:24	66
	Irvine AC Total				163

Under 20 Ladies Team

Pos	Club	Name	Cat	Time	Total
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1	VP-Glasgow AC				
		Nicola Hood	U20	00:22:44	1
		Josephine Moultrie	U20	00:23:31	3
		Rebecca Finch	U20	00:25:27	16
	VP-Glasgow AC Total			20	
2	Kilbarchan AAC				
		Elsbeth Curran	U20	00:23:56	4
		Natalie Sharp	U20	00:24:58	7
		Jessica Martin	U20	00:25:43	17
	Kilbarchan AAC Total			28	

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Senior Junior Men

Pos	No	Name	Club	Cat	Time
1	911	Tewoldeberhan Mengisteab	Shettleston Harriers	Sen	00:30:00
2	915	Tsegezab Woldemichael	Shettleston Harriers	Sen	00:30:28
3	663	Tsegai Tewelde	Shettleston Harriers	U20	00:30:53
4	804	Mark Pollard	Inverclyde AC	Sen	00:31:03
5	913	Paul Sorrie	Shettleston Harriers	Sen	00:31:11
6	857	Conor McNulty	Kilbarchan AAC	U20	00:31:15
7	840	Robert Quinn	Kilbarchan AAC	Vet	00:31:19
8	806	Craig Ruddy	Inverclyde AC	U20	00:31:26
9	651	Derek Hawkins	Kilbarchan AAC	U20	00:31:27
10	664	Matthew Gillespie	Shettleston Harriers	U20	00:31:46
11	653	Paul Leck	Kilbarchan AAC	U20	00:32:39
12	888	Robert Gilroy	Ron Hill Cambuslang Harriers	Sen	00:32:42
13	735	Prasad Prasad	Clydesdale Harriers	Sen	00:32:55
14	780	Scott Mitchell	Glasgow University Hare and H	Sen	00:32:56
15	756	Ben Melby	Garscube Harriers	Sen	00:32:56
16	700	Colin McGill	Bellahouston Road Runners	Sen	00:33:06
17	901	David Rodgers	Ron Hill Cambuslang Harriers	Vet	00:33:11
18	922	Oleg Chepelin	Shettleston Harriers	Sen	00:33:13
19	666	Allan Ramsay	VP-Glasgow AC	U20	00:33:18
20	665	Sean Fontana	VP-Glasgow AC	U20	00:33:22
21	705	Kenneth Richmond	Bellahouston Road Runners	Sen	00:33:26
22	657	Matthew Graham	Kirkintilloch Olympians	U20	00:33:32
23	896	Jamie Reid	Ron Hill Cambuslang Harriers	Sen	00:33:39
24	649	John Cooke	Inverclyde AC	U20	00:33:42
25	909	Kenneth McCoy	Shettleston Harriers	Sen	00:33:45
26	728	Stuart Gibson	Calderglen Harriers	Sen	00:33:47
27	822	Alex Allardyce	Irvine AC	Sen	00:33:50
28	779	Thomas Fey	Glasgow University Hare and H	Sen	00:33:59
29	768	Rory Cartwright	Giffnock North AAC	U20	00:34:17
30	867	Keith Haining	Kilmarnock H&AC	Vet	00:34:21
31	702	Matthew Williamson	Bellahouston Road Runners	Sen	00:34:24
32	695	Nick Reid	Bellahouston Road Runners	Sen	00:34:30
33	654	Nicholas Emsley	Kilbarchan AAC	U20	00:34:40
34	856	James Snodgrass	Kilbarchan AAC	Vet	00:34:41
35	698	Mark Johnston	Bellahouston Road Runners	Sen	00:34:42
36	645	John Fergusson	East Kilbride A.C.	U20	00:34:45
37	830	Pat Cullinane	Irvine AC	Sen	00:34:46
38	838	John McMillan	Kilbarchan AAC	Sen	00:34:48
39	924	John Bell	Springburn Harriers	Vet	00:34:49
40	823	Douglas Connery	Irvine AC	Vet	00:35:21
41	824	William Richardson	Irvine AC	Sen	00:35:22
42	642	Jamie Clements	East Kilbride A.C.	U20	00:35:25
43	916	Adam Lee	Shettleston Harriers	Sen	00:35:25
44	763	Lindsay Cunningham	Garscube Harriers	Sen	00:35:25
45	648	Sean Gaffney	Inverclyde AC	U20	00:35:25
46	946	Derek WatsonSnr.	VP-Glasgow AC	Vet	00:35:28
47	706	Craig Ross	Bellahouston Road Runners	Sen	00:35:32
48	659	Gary Grieve	Law & District AAC	U20	00:35:38
49	859	Scott Martin	Kilmarnock H&AC	Sen	00:35:41
50	639	Alan Cherry	Ayr Seaforth AAC	U20	00:35:43
51	794	Paul Thompson	Helensburgh AAC	Vet	00:35:49
52	688	Andrew Campbell	Bellahouston Harriers	Sen	00:35:52
53	914	Denis Williams	Shettleston Harriers	Vet	00:35:52

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54	827 Colin Miller	Irvine AC	Vet	00:35:55
55	707 Marcos SanzGomez	Bellahouston Road Runners	Sen	00:35:55
56	717 Neil Farnell	Bellahouston Road Runners	Sen	00:35:55
57	809 Thomas Jamieson	Inverclyde AC	Sen	00:35:57
58	694 Greig Glendinning	Bellahouston Road Runners	Vet	00:35:58
59	808 Stuart Hodge	Inverclyde AC	Vet	00:35:59
60	661 Ruairidh Munro	Shettleston Harriers	U20	00:36:04
61	785 Daniel McLaughlin	Greenock Glenpark Harriers	Vet	00:36:06
62	923 Marc McColl	Shettleston Harriers	Sen	00:36:07
63	789 Michael MclooneSnr	Greenock Glenpark Harriers	Vet	00:36:09
64	821 George Irving	Irvine AC	Vet	00:36:29
65	828 Brian Craig	Irvine AC	Vet	00:36:33
66	873 Terry Addison	Kirkintilloch Olympians	Vet	00:36:35
67	943 K. Mitchell	VP-Glasgow AC	Vet	00:36:36
68	846 Donald Petrie	Kilbarchan AAC	Vet	00:36:38
69	703 Dougal Ross	Bellahouston Road Runners	Sen	00:36:41
70	849 Murdo MacKenzie	Kilbarchan AAC	Sen	00:36:44
71	952 David Riach	Westerlands XC Club	Vet	00:36:46
72	656 Kevin Cornes	Kirkintilloch Olympians	U20	00:36:49
73	693 A Myers	Bellahouston Harriers	Sen	00:36:50
74	754 Marco Consani	Garscube Harriers	Sen	00:36:51
75	903 John Duffy	Shettleston Harriers	Vet	00:36:52
76	831 Ian Berryman	Irvine AC	Vet	00:36:53
77	897 Andrew Steven	Ron Hill Cambuslang Harriers	Sen	00:36:54
78	742 Iain Robertson	Clydesdale Harriers	Sen	00:36:55
79	759 Joe McKnight	Garscube Harriers	Sen	00:36:56
80	919 John Oates	Shettleston Harriers	Vet	00:37:03
81				
82	712 Brian O'Donnell	Bellahouston Road Runners	Sen	00:37:09
83	883 Ross Bark	Ron Hill Cambuslang Harriers	Sen	00:37:12
84	872 Robert Rogerson	Kirkintilloch Olympians	Vet	00:37:13
85	898 Gary Wallace	Ron Hill Cambuslang Harriers	Sen	00:37:15
86	761 Evan MacKay	Garscube Harriers	Vet	00:37:21
87	782 Steven Campbell	Greenock Glenpark Harriers	Sen	00:37:25
88	699 Bryan Burnett	Bellahouston Road Runners	Vet	00:37:30
89	801 Damien Theaker	Helensburgh AAC	Vet	00:37:35
90	880 Stephen Cowper	Milburn Harriers	Vet	00:37:36
91	714 Gordon Durnan	Bellahouston Road Runners	Vet	00:37:40
92	775 Jack Maxwell	Girvan AAC	Vet	00:37:44
93	921 David Jamieson	Shettleston Harriers	Vet	00:37:45
94	925 Alan Cairns	Springburn Harriers	Vet	00:37:51
95	679 Laurence Baker	Ayr Seaforth AAC	Vet	00:37:55
96	748 Graeme Haddow	East Kilbride A.C.	Vet	00:37:59
97	863 Connell Drummond	Kilmarnock H&AC	Sen	00:38:02
98	708 Raymond Farrell	Bellahouston Road Runners	Sen	00:38:05
99	725 Jamie McMonagle	Calderglen Harriers	Sen	00:38:07
100	891 Scott Hunter	Ron Hill Cambuslang Harriers	Sen	00:38:09
101	640 David Brown	Clydesdale Harriers	U20	00:38:10
102	734 Michael Diver	Clydesdale Harriers	Vet	00:38:14
103	674			00:38:17
104	870 Gary Mitchell	Kirkintilloch Olympians	Sen	00:38:21
105	882 Alan Tait	Motherwell AC	Sen	00:38:25
106	783 Alan O'Rourke	Greenock Glenpark Harriers	Sen	00:38:31
107	747 David J.Condra	East Kilbride A.C.	Vet	00:38:34
108	719 Alan Cullie	Calderglen Harriers	Vet	00:38:39
109	757 David WDickson	Garscube Harriers	Vet	00:38:40

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110	954	John Donnelly	Westerlands XC Club	Vet	00:38:42
111	951	Daniel Reid	Westerlands XC Club	Vet	00:38:48
112	918	William Breckenridge	Shettleston Harriers	Vet	00:38:50
113	842	Steven Hards	Kilbarchan AAC	Vet	00:38:51
114	889	William Haining	Ron Hill Cambuslang Harriers	Vet	00:38:53
115	737	John Foley	Clydesdale Harriers	Vet	03:39:11
116	802	Kevin Johnson	Helensburgh AAC	Vet	00:39:21
117	701	Ian Goudie	Bellahouston Road Runners	Vet	00:39:34
118	685	Campbell Joss	Bellahouston Harriers	Vet	00:39:37
119	765	Athol Smith	Garscube Harriers	Vet	00:39:38
120	800	Erwin Lodrkoot	Helensburgh AAC	Vet	00:39:39
121	832	John Moore	Irvine AC	Vet	00:39:42
122	790	Michael Dunn	Greenock Glenpark Harriers	Vet	00:39:51
123	815	Robert Shaw	Inverclyde AC	Vet	00:40:05
124	874	Joe McCallum	Larkhall YMCA Harriers	Vet	00:40:11
125	753	William Taylor	East Kilbride A.C.	Vet	00:40:14
126	668	Iain Townsend	North Uist AAC	U20	00:40:15
127	745	Gordon Colvin	East Kilbride A.C.	Vet	00:40:18
128	847	David Mewse	Kilbarchan AAC	Vet	00:40:20
129	752	Ralph Riach	East Kilbride A.C.	Vet	00:40:35
130	844	John Kynaston	Kilbarchan AAC	Vet	00:40:39
131	813	Robert Gray	Inverclyde AC	Sen	00:41:05
132	887	Alexander Eaglesham	Ron Hill Cambuslang Harriers	Vet	00:41:08
133	835	Alastair MacFarlane	Irvine AC	Sen	00:41:15
134	865	Leslie McDerment	Kilmarnock H&AC	Sen	00:41:20
135	803	Stephen Bell	Helensburgh AAC	Vet	00:41:22
136	733	Ian Rae	Calderglen Harriers	Vet	00:41:23
137	834	James Sneddon	Irvine AC	Vet	00:41:24
138	839	Donald Kennedy	Kilbarchan AAC	Sen	00:41:25
139	876	James Rowley	Law & District AAC	Vet	00:41:27
140	773	Stephen Flanagan	Girvan AAC	Vet	00:41:29
141	715	Stuart Mathieson	Bellahouston Road Runners	Sen	00:41:37
142	743	Bobby Young	Clydesdale Harriers	Vet	00:41:40
143	644	Niall Walker	East Kilbride A.C.	U20	00:41:50
144	845	Robert Allison	Kilbarchan AAC	Vet	00:41:52
145	732	Jim Holmes	Calderglen Harriers	Sen	00:42:06
146	760	John Murray	Garscube Harriers	Sen	00:42:14
147	724	David Herbertson	Calderglen Harriers	Sen	00:42:16
148	764	James Taylor	Garscube Harriers	Sen	00:42:20
149	860	Alasdair Murray	Kilmarnock H&AC	Sen	00:42:21
150	934	Bobby Miller	Troon Tortoises AC	Vet	00:42:22
151	926	Emilio Cosimo	Springburn Harriers	Sen	00:42:24
152	689	Stewart Collins	Bellahouston Harriers	Vet	00:42:28
153	955	Bill Fisher	Westerlands XC Club	Sen	00:42:34
154	945	Chris Sheridan	VP-Glasgow AC	Sen	00:42:41
155	787	James Sheridan	Greenock Glenpark Harriers	Vet	00:42:48
156	852	Andrew Clugston	Kilbarchan AAC	Sen	00:42:51
157	678	Paul Emsley	Arran Runners	Vet	00:42:55
158	788	Robert Mitchell	Greenock Glenpark Harriers	Vet	00:43:00
159	716	Brian Ewins	Bellahouston Road Runners	Vet	00:43:00
160	866	William Duffy	Kilmarnock H&AC	Vet	00:43:10
161	696	James O'Hara	Bellahouston Road Runners	Vet	00:43:13
162	680	Tom McCulloch	Ayr Seaforth AAC	Vet	00:43:15
163	723	Graham Lindsay	Calderglen Harriers	Vet	00:43:17
164	950	Gibson Fleming	Westerlands XC Club	Vet	00:43:26
165	791	Richard Hodelet	Greenock Glenpark Harriers	Vet	00:43:39

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166	932	George McGregor	Troon Tortoises AC	Vet	00:43:57
167	798	Gordon Howat	Helensburgh AAC	Sen	00:44:03
168	778	John Rennie	Girvan AAC	Vet	00:44:09
169	797	David Bailey	Helensburgh AAC	Sen	00:44:20
170	931	Alex Drain	Troon Tortoises AC	Vet	00:44:34
171	767	David Logan	Giffnock North AAC	Vet	00:44:41
172	641	Ryan Nelson	Clydesdale Harriers	U20	00:44:58
173	814	Damien Mallet	Inverclyde AC	Sen	00:45:09
174	836	Michael Flinn	Irvine AC	Vet	00:45:12
175	795	Alistair Wylie	Helensburgh AAC	Vet	00:45:34
176	942	Kenneth McVey	VP-Glasgow AC	Vet	00:45:39
177	709	Norman Boyle	Bellahouston Road Runners	Vet	00:45:44
178	683	Adam Mackie	Ayr Seaforth AAC	Vet	00:46:15
179	726	William Bell	Calderglen Harriers	Vet	00:46:16
180	837	Robert Nicol	Irvine AC	Vet	00:46:29
181	710	Richard Leyton	Bellahouston Road Runners	Sen	00:46:52
182	843	Robert Connell	Kilbarchan AAC	Vet	00:47:03
183	766	Dermot Williamson	Garscube Harriers	0	00:47:17
184	684	David Hughes	Beith Harriers	Vet	00:47:26
185	749	Edgar Ramage	East Kilbride A.C.	Vet	00:48:19
186	711	Mike Devlin	Bellahouston Road Runners	Vet	00:49:39
187	750	Tom YuillJNR	East Kilbride A.C.	Sen	00:49:50
188	741	Peter Rudzinski	Clydesdale Harriers	Vet	00:50:27
189	720	Charles Steven	Calderglen Harriers	Vet	00:53:25
190	718	Russell Couper	Calderglen Harriers	Vet	00:56:21
191	854	Brian Graham	Kilbarchan AAC	Vet	00:56:29
192	875	William Drysdale	Law & District AAC	Vet	00:61:40

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Senior Junior Men Teams

Pos	Club	Name	Cat	Time	Total
1	Shettleston Harriers	Tewoldeberhan Mengisteab	Sen	00:30:00	1
		Tsegezab Woldemichael	Sen	00:30:28	2
		Tsegai Tewelde	U20	00:30:53	3
		Paul Sorrie	Sen	00:31:11	5
		Matthew Gillespie	U20	00:31:46	10
		Oleg Chepelin	Sen	00:33:13	18
	Shettleston Harriers Total				39
2	Kilbarchan AAC	Conor McNulty	U20	00:31:15	6
		Robert Quinn	Vet	00:31:19	7
		Derek Hawkins	U20	00:31:27	9
		Paul Leck	U20	00:32:39	11
		Nicholas Emsley	U20	00:34:40	33
		James Snodgrass	Vet	00:34:41	34
	Kilbarchan AAC Total				100
3	Inverclyde AC	Mark Pollard	Sen	00:31:03	4
		Craig Ruddy	U20	00:31:26	8
		John Cooke	U20	00:33:42	24
		Sean Gaffney	U20	00:35:25	45
		Thomas Jamieson	Sen	00:35:57	57
		Stuart Hodge	Vet	00:35:59	59
	Inverclyde AC Total				197
4	Bellahouston Road Runners	Colin McGill	Sen	00:33:06	16
		Kenneth Richmond	Sen	00:33:26	21
		Matthew Williamson	Sen	00:34:24	31
		Nick Reid	Sen	00:34:30	32
		Craig Ross	Sen	00:35:32	47
		Marcos SanzGomez	Sen	00:35:55	55
	Bellahouston Road Runners Total				202
5	Irvine AC	Alex Allardyce	Sen	00:33:50	27
		Pat Cullinane	Sen	00:34:46	37
		Douglas Connery	Vet	00:35:21	40
		William Richardson	Sen	00:35:22	41
		Colin Miller	Vet	00:35:55	54
		George Irving	Vet	00:36:29	64
	Irvine AC Total				263
6	Ron Hill Cambuslang Harriers	Robert Gilroy	Sen	00:32:42	12
		David Rodgers	Vet	00:33:11	17
		Jamie Reid	Sen	00:33:39	23
		Andrew Steven	Sen	00:36:54	77
		Ross Bark	Sen	00:37:12	83
		Gary Wallace	Sen	00:37:15	85
	Ron Hill Cambuslang Harriers Total				297

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7

Garscube Harriers			
Ben Melby	Sen	00:32:56	15
Lindsay Cunningham	Sen	00:35:25	44
Marco Consani	Sen	00:36:51	74
Joe McKnight	Sen	00:36:56	79
Evan MacKay	Vet	00:37:21	86
David WDickson	Vet	00:38:40	109
Garscube Harriers Total			407

8

VP-Glasgow AC			
Allan Ramsay	U20	00:33:18	19
Sean Fontana	U20	00:33:22	20
Derek WatsonSnr.	Vet	00:35:28	46
K. Mitchell	Vet	00:36:36	67
Chris Sheridan	Sen	00:42:41	154
Kenneth McVey	Vet	00:45:39	176
VP-Glasgow AC Total			482

9

East Kilbride A.C.			
John Fergusson	U20	00:34:45	36
Jamie Clements	U20	00:35:25	42
Graeme Haddow	Vet	00:37:59	96
David J.Condra	Vet	00:38:34	107
William Taylor	Vet	00:40:14	125
Gordon Colvin	Vet	00:40:18	127
East Kilbride A.C. Total			533

10

Clydesdale Harriers			
Prasad Prasad	Sen	00:32:55	13
Iain Robertson	Sen	00:36:55	78
David Brown	U20	00:38:10	101
Michael Diver	Vet	00:38:14	102
John Foley	Vet	03:39:11	115
Bobby Young	Vet	00:41:40	142
Clydesdale Harriers Total			551

11

Greenock Glenpark Harriers			
Daniel McLaughlin	Vet	00:36:06	61
Michael MclooneSnr	Vet	00:36:09	63
Steven Campbell	Sen	00:37:25	87
Alan O'Rourke	Sen	00:38:31	106
Michael Dunn	Vet	00:39:51	122
James Sheridan	Vet	00:42:48	155
Greenock Glenpark Harriers Total			594

12

Kilmarnock H&AC			
Keith Haining	Vet	00:34:21	30
Scott Martin	Sen	00:35:41	49
Connell Drummond	Sen	00:38:02	97
Leslie McDerment	Sen	00:41:20	134
Alasdair Murray	Sen	00:42:21	149
William Duffy	Vet	00:43:10	160
Kilmarnock H&AC Total			619

Calderglen Harriers

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13	Stuart Gibson	Sen	00:33:47	26
	Jamie McMonagle	Sen	00:38:07	99
	Alan Cullie	Vet	00:38:39	108
	Ian Rae	Vet	00:41:23	136
	Jim Holmes	Sen	00:42:06	145
	David Herbertson	Sen	00:42:16	147
	Calderglen Harriers Total			661

14	Helensburgh AAC			
	Paul Thompson	Vet	00:35:49	51
	Damien Theaker	Vet	00:37:35	89
	Kevin Johnson	Vet	00:39:21	116
	Erwin Lodrkoot	Vet	00:39:39	120
	Stephen Bell	Vet	00:41:22	135
	Gordon Howat	Sen	00:44:03	167
Helensburgh AAC Total			678	

Male Vet Teams

Pos	Club	Name	Cat	Time	Total
1	Kilbarchan AAC				
		Robert Quinn	Vet	00:31:19	7
		James Snodgrass	Vet	00:34:41	34
		Donald Petrie	Vet	00:36:38	68
	Kilbarchan AAC Total				109
2	Shettleston Harriers				
		Denis Williams	Vet	00:35:52	53
		John Duffy	Vet	00:36:52	75
		John Oates	Vet	00:37:03	80
	Shettleston Harriers Total				208
3	Bellahouston Road Runners				
		Greig Glendinning	Vet	00:35:58	58
		Bryan Burnett	Vet	00:37:30	88
		Gordon Durnan	Vet	00:37:40	91
	Bellahouston Road Runners Total				237
4	Greenock Glenpark Harriers				
		Daniel McLaughlin	Vet	00:36:06	61
		Michael MclooneSnr	Vet	00:36:09	63
		Michael Dunn	Vet	00:39:51	122
	Greenock Glenpark Harriers Total				246
5	Helensburgh AAC				
		Paul Thompson	Vet	00:35:49	51
		Damien Theaker	Vet	00:37:35	89
		Kevin Johnson	Vet	00:39:21	116
	Helensburgh AAC Total				256
6	Ron Hill Cambuslang Harriers				
		David Rodgers	Vet	00:33:11	17
		William Haining	Vet	00:38:53	114
		Alexander Eaglesham	Vet	00:41:08	132
	Ron Hill Cambuslang Harriers Total				263

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7	VP-Glasgow AC			
	Derek WatsonSnr.	Vet	00:35:28	46
	K. Mitchell	Vet	00:36:36	67
	Kenneth McVey	Vet	00:45:39	176
	VP-Glasgow AC Total			289
8	Westerlands XC Club			
	David Riach	Vet	00:36:46	71
	John Donnelly	Vet	00:38:42	110
	Daniel Reid	Vet	00:38:48	111
	Westerlands XC Club Total			292
9	Garscube Harriers			
	Evan MacKay	Vet	00:37:21	86
	David WDickson	Vet	00:38:40	109
	Athol Smith	Vet	00:39:38	119
	Garscube Harriers Total			314
10	East Kilbride A.C.			
	Graeme Haddow	Vet	00:37:59	96
	David J.Condra	Vet	00:38:34	107
	William Taylor	Vet	00:40:14	125
	East Kilbride A.C. Total			328
11	Clydesdale Harriers			
	Michael Diver	Vet	00:38:14	102
	John Foley	Vet	03:39:11	115
	Bobby Young	Vet	00:41:40	142
	Clydesdale Harriers Total			359
12	Girvan AAC			
	Jack Maxwell	Vet	00:37:44	92
	Stephen Flanagan	Vet	00:41:29	140
	John Rennie	Vet	00:44:09	168
	Girvan AAC Total			400
13	Calderglen Harriers			
	Alan Cullie	Vet	00:38:39	108
	Ian Rae	Vet	00:41:23	136
	Graham Lindsay	Vet	00:43:17	163
	Calderglen Harriers Total			407
14	Ayr Seaforth AAC			
	Laurence Baker	Vet	00:37:55	95
	Tom McCulloch	Vet	00:43:15	162
	Adam Mackie	Vet	00:46:15	178
	Ayr Seaforth AAC Total			435
15	Troon Tortoises AC			
	Bobby Miller	Vet	00:42:22	150
	George McGregor	Vet	00:43:57	166
	Alex Drain	Vet	00:44:34	170
	Troon Tortoises AC Total			486

Male U20 Teams

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Pos	Club	Name	Cat	Time	Total
1	Kilbarchan AAC	Conor McNulty	U20	00:31:15	6
		Derek Hawkins	U20	00:31:27	9
		Paul Leck	U20	00:32:39	11
	Kilbarchan AAC Total				26
2	Shettleston Harriers	Tsegai Tewelde	U20	00:30:53	3
		Matthew Gillespie	U20	00:31:46	10
		Ruairidh Munro	U20	00:36:04	60
	Shettleston Harriers Total				73
3	Inverclyde AC	Craig Ruddy	U20	00:31:26	8
		John Cooke	U20	00:33:42	24
		Sean Gaffney	U20	00:35:25	45
	Inverclyde AC Total				77
4	East Kilbride A.C.	John Fergusson	U20	00:34:45	36
		Jamie Clements	U20	00:35:25	42
		Niall Walker	U20	00:41:50	143
	East Kilbride A.C. Total				221