

# 48th ANNUAL TOM SCOTT 10M ROAD RACE

(SUNDAY 11th APRIL 2010—Strathclyde Park MOTHERWELL)

Incorporating SVHC & West District Championships

STEWARTS ROAD RACE GRAND PRIX EVENT

Under UK Athletics & SAL Permit 2381

[www.tomscottroadraces.co.uk](http://www.tomscottroadraces.co.uk)



## Official Entry Form

Complete & send with appropriate entry fee to

**Mr R Benyon, Race Secretary, 42 Barmore Ave, Carlisle. ML8 4PE**

All Cheques and Postal Orders made payable to :-

**TOM SCOTT MEMORIAL FUND**



**Entry Fee :-** £7.00 (9.00 Non SAL Mem.)  
£10.00 on the day (£12.00 Non SAL Mem.)

Running Numbers to be collected at Water Sports Centre on race day

**NB. Postal entries Close Saturday 28th March 2010**

Please Print :-

Enter Category (Please Tick App Box)

Surname.....

Male

First Name.....

Female

Date of Birth.....

Vet

Age on Race Day.....

SVHC Member YES / NO  
(Please Delete)

Address.....

.....

Tel No.....

*Sponsored By*

Club.....

*Tunnock's*

Email Address.....

*Co-op Funeralcare*

SAF Mem. No.....

Waiver :-

- I declare that I am medically fit to run & that I do so at my own risk.
- I accept that the organisers will not be liable for any loss, damage action, claim costs or expenses which may arise as a result of my participation in the above event or from the postponement of this event for any reason whatsoever.
- I agree to be bound by the Laws of SAL.

Signed

Date