



SPEED MERCHANTS . . . St Andrew's Hospice road race winner Robert Gilroy flanked by runner-up David Gardiner, left, and third-placed Mike McQuaid at the finish.

Race pictures:
NIGEL McBAIN

Robert's ace in road race

ROBERT Gilroy showed the style that has made him one of Scotland's top distance runners by winning the Freescale St Andrew's Hospice 10k road race at Strathclyde Park on Sunday.

The Hamilton athlete has been victorious in races throughout Scotland this summer

and he was well clear of the field on this occasion.

Cambuslang Harrier Gilroy clocked 33 minutes 25 seconds for a course which turned out, due to a stewarding error, to be almost 400m longer than the stated 10k.

In second place was David Gardiner, a teacher at Braidhurst High School, who clocked 34 minutes 41 seconds.

He outsprinted Mike McQuaid, depute editor of the Motherwell Times and Bellshill Speaker, who was just four seconds behind in third place.

Helen Stuart, of Bellahouston Road Runners, was first woman while Benjamin Hands, of Motherwell AC, was first veteran to cross the line.

Benjamin was also first Motherwell AC runner and improved his chances of winning his club's annual road race championship, based on performances during the year.

Sunday's event attracted hundreds of runners and after a heavy shower of rain before the start the sun came out for the race, though a blustery wind proved challenging for the runners.

There will be another big field, including many school pupils, at the same venue this Sunday for a 6k race, also in aid of St Andrew's Hospice.



ON THE RUN . . . a Motherwell AC member enjoys the day while winner Robert Gilroy crosses the line.



OFF AND RUNNING . . . the start of Sunday's race.