2009 Best Times										
Name	Best	March	April	May	June	July	August	September	October	November
Kenny O'Neil	00:22:15				00:22:15					
Graeme Kennedy	00:22:44	00:23:34		00:22:52	00:23:45	00:23:19		00:22:44		
Alex Hay	00:23:05	00:23:07	00:23:20	00:23:05						
Chris Watson	00:23:40			00:23:40						
Alan Tait	00:23:47				00:23:49	00:23:47	00:24:01			
Craig Adams	00:24:14									00:24:14
Brian McLinden	00:24:16		00:24:55	00:24:39	00:24:45		00:24:23	00:24:20	00:24:16	00:24:37
Stephen Irwin	00:24:23	00:25:09	00:24:23		00:24:38					
Stevie Murdoch	00:24:25	00:25:01	00:24:25							
Nick Hughes	00:24:35	00:26:43	00:25:52	00:25:20	00:25:40	00:25:02	00:25:07	00:24:35	00:24:56	
James Smith	00:24:37								00:25:08	00:24:37
Benny Hands	00:24:46	00:25:25	00:24:47	00:27:41	00:25:48	00:27:09	00:25:21	00:25:20	00:24:46	00:25:25
John Hughes	00:24:50	00:25:20	00:26:44	00:24:53		00:24:53			00:24:50	00:25:10
Scott Marriott	00:25:05			00:25:05						
Jessie Miller	00:25:19	00:25:31	00:25:19	00:25:49						00:30:05
Stan Kavanagh	00:25:34		00:26:35	00:25:34				00:26:16		
Richard Martin	00:25:44			00:26:08		00:25:44				
David Robertson	00:25:55		00:25:55							
Michael Wedlock	00:26:08	00:26:08	00:26:37	00:26:50						
Stuart Riley	00:26:22			00:26:22						
Roddy Quinn	00:26:24	00:26:58	00:26:45				00:26:24			00:26:37
John McParland	00:26:43								00:26:43	
Gordon Murray	00:26:51	00:26:51								
Jo Clark	00:26:54			00:27:44	00:27:02		00:26:54		00:27:01	
Jamie Hendry	00:26:58			00:26:58						
Alan Ferguson	00:26:59								00:26:59	
Graeme Lennox	00:27:00				00:27:23		00:27:00			
Paul Harkins	00:27:01		00:27:47					00:27:01		
William Martin	00:27:06	00:27:15	00:27:15		00:28:22	00:28:30	00:28:00	00:27:20	00:27:06	00:27:38
Stephen Riley	00:27:08	00:28:40					00:28:15		00:27:08	
Scott Dickson	00:27:29				00:27:29					
Robert Owen	00:27:32	00:27:45	00:27:32							
Gerald Hartley	00:27:32					00:27:32				
Carole Munro	00:27:39	00:27:39					00:28:05		00:27:59	00:28:07
Elaine Jamieson	00:27:49	00:29:11	00:28:45	00:28:39	00:28:42	00:29:59	00:27:49	00:28:02	00:28:34	00:28:53
Clare Barr	00:27:56			00:28:07				00:28:17	00:27:56	
Stephen Ross	00:28:04				00:28:04					
Robert McCourt	00:28:06	00:29:42	00:29:40		00:29:19		00:28:06			
Mae McIsaac	00:28:29	00:29:09	00:29:27	00:29:24	00:29:07	00:29:09	00:28:38	00:28:40	00:28:48	00:28:29
Jim Riley	00:28:38						00:28:38			
Claire Hughes	00:28:46		00:28:52			00:28:46				
Phyllis Hands	00:28:47	00:29:22	00:29:37	00:28:50	00:29:24	00:29:32		00:28:55	00:29:10	00:28:47
Jim Tracey	00:28:52	00:28:55	00:28:52	00:29:17	00:28:53		00:34:17	00:35:22	00:35:22	00:30:50
Gayle Tait	00:28:56	00:28:56	00:30:08						00:30:52	00:34:01
Laura McTavish	00:29:01		00:29:58		00:30:08		00:30:47			00:29:01
Graeme St John	00:29:12	00:29:12								
Paul Kavanagh	00:29:22		00:29:51	00:29:22				00:29:51		
Jane Wedlock	00:29:40		00:30:01	00:29:40					00:30:14	00:29:46
Lee Dixon	00:29:43				00:29:43					
John Allan	00:29:46	00:32:04	00:30:30	00:29:46	00:31:40	00:31:27		00:32:07		
Lorna Gall	00:29:48			00:29:48	00:30:24	00:30:26				
Derek Abernethy	00:29:53	00:31:40	00:32:06	00:29:53	00:31:12	00:30:02	00:33:06	00:32:23	00:31:37	00:30:56
Donald McCaffer	00:30:06			00:30:29			00:30:06			00:30:59
Barry McTavish	00:30:17			00:30:45	00:30:17					
Jill Logan	00:30:18	00:31:20		00:30:18		00:30:29				00:30:26
Catherine Wotherspoon	00:30:25	00:34:06	00:32:52	00:32:42	00:33:14	00:32:16		00:31:28	00:31:14	00:30:25
Elizabeth Martin	00:30:28		00:30:58	00:30:28	00:30:46	00:30:43			00:31:05	00:30:45
Robert Aiton	00:30:36	00:31:53			00:31:13	00:30:36			00:32:31	00:33:52
Pat McGoldrick	00:30:45					00:30:45	00:31:16			
Dougie O'Hare	00:30:52	00:31:57	00:32:12	00:31:08	00:30:52					00:32:03
Jimmy Mullen	00:30:57	00:31:43				00:30:57		00:30:58	00:31:35	
Pat Allen	00:31:28	00:33:16	00:34:17		00:32:31	00:31:50	00:32:09	00:32:12	00:31:28	00:31:57
Barbara Sloss	00:31:28		00:31:42		00:31:28					
Tracey Lamont	00:31:37		00:31:37							
Ricard Refferty	00:31:50			00:31:50						
Fiona Moran	00:32:28			00:32:28	00:33:28					
Gordon Megahy	00:32:39								00:35:52	00:32:39
Anne Hughes	00:33:14	00:33:14	00:34:54			00:34:56	00:33:26			00:34:12
Angela Downie	00:33:41	00:34:23	00:34:58	00:35:03		00:34:15	00:34:28	00:33:46	00:33:41	
Peter Knudsen	00:34:04			00:34:04						
Lesanne Cherry	00:34:05	00:34:07			00:34:21		00:34:05		00:34:07	
Jackie Brennan	00:34:54		00:34:54							
Diane Litterick	00:35:16	00:37:21	00:35:16							
Alistair Kerr	00:35:53			00:36:20		00:35:53		00:36:08		
Baver Bari	00:36:20		00:39:12			00:36:32	00:36:20			
Ryan Craig	00:36:50									00:36:50
Wendy Kerr	00:36:54		00:38:10	00:36:54						00:37:19
Ian Young	00:37:13				00:37:13				00:43:05	
Patricia Moore	00:38:11		00:38:11							
George Cooper	00:39:07	00:39:07								
Irene Kerr	00:46:59									00:46:59