



Motherwell Athletics Club

Minutes of MAC 2008-2009 Committee Meeting 005

10 September 2009 8:00pm

Attendees:

Clare Barr
Stuart Dickson
Carol Ferguson
Stephen Irwin
John McCluskey
Elizabeth Martin
William Martin
Gordon Murray
Jill Strachan
Jim Tracey

Apologies:

Scott Dickson, Peter Knudsen, Richard Martin, Robert Owen

Actions arising from previous meetings

Number	Description	Actionee	Status
002.1	Chase BoS regarding new signatories	PK	Closed
002.6	Issue newsletter	SCD	Closed
004.1	Produce a cut down welfare policy that summarises the policy	CF/JS	Complete
004.2	Update the membership form for 2010 to include the a statement on Group Training	CF/JS	Complete

Minutes from Previous Meeting

Approved by SD, seconded by CB.

Matters arising

Welfare Officer

Stephen Irwin has agreed to take on the role of Welfare Officer. JT approved Stephen as a committee member, seconded by GM.

CF will remain as a committee member but will not be standing for re-election at the AGM.

Letter Issued to all MAC Members

All club members were issued with a letter regarding training with non MAC approved coaches.

WM, as chairman, has received 4 responses to the letter. WM will respond to these once the committee has approved the responses.

JS stated that scottish athletics had been contacted regarding the letter and asked who had received the letter. JS stated that all MAC members.

CB stated that it is in the constitution that the committee has the final decision on who becomes a member of MAC.

Resignations

As a result of the letter, the club has received 5 resignations:



- Lesanne Cherry – a letter has been sent by JS confirming acceptance and thanks for effort;
- Mhairi Hendry – a letter has been sent by JS confirming acceptance and thanks for effort. Change of first club form has been signed;
- Jamie Hendry – a letter has been sent by JS confirming acceptance and thanks for effort. Change of first club form has been signed;
- Hannah Ferguson – a letter will be sent by JS confirming acceptance and thanks for effort. Change of first club form will be signed;
- Ruth Ferguson – a letter will be sent by JS confirming acceptance and thanks for effort. Change of first club form will be signed.

Action 005.1 –JS

Secretary's Report

MC will represent MAC at the scottish athletics AGM on 12th September 2009. MC is nominated for re-election as a board member.

MAC was awarded Clubmark at the end of June. A presentation will be made by scottish athletics on 16th September at 18:00 at Wishaw Track. JMCC to send out a text message alert.

Action 005.2 –JMCC

MAC has been promoted to Division 2 of the Central and Southern Scotland League.

Treasurer's Report

Opening balance in August was £6,304.82. Closing balance at 3rd September is £6,392.90.

A cheque for vest for £478.58 is still to be cashed and the scottish athletics affiliation fees cheque (~£1.2K) may still have to be cashed.

Road Runners' Report

There are 2 championship races left. Some of the leagues have been decided but other are still wide open. There is the LAAA relays in October where points in the club championship can be awarded. The Hamilton 5k has been moved to 1st November. This is outwith the race year and the sub-committee are deciding whether to keep this race or use an alternative.

The sub-committee are finalising the races that will count towards the cross country championship.

Track and Field Report

Continuing to recruit new members.

The committee agreed to provided a subsidy for tracksuits. SD to speak to Provan Sports.

Action 005.3 –SD

Coaches' Report

There are 3 Level 1 coaches that are keen to progress to Level2, although there are currently no courses available. The committee agreed that when the courses are available the club will fund the coaches through these.

Richard Leach has passed his Level 1 course. The committee agreed that a jacket will be purchased. CB has spoken to Provan Sports and they can order one in. CB will arrange this.

Action 005.4 –CB



The committee agreed to help towards the costs for coaches to attend the IAAF Course in Glasgow. The cost is £70 for the 2 days.

The coaches held a meeting and the groups have been arranged as follows:

Coaches

Elizabeth and Elaine

Mae and Richard

Bob

Chris

Group

Newcomers, Juniors

Middle Distance and Endurance

Sprints

Weight Training

EM stated that the middle distance and endurance group will start training outwith the track on the roads. The committee agreed to support this provided the routes selected are safe.

The committee agreed to provide high visibility vests for T&F and RRs. CB will investigate.

Action 005.5 –CB

The RRs are entering winter stamina training.

It has been commented on that the RR Thursday sessions require more organisation. JT will speak to JH.

Action 005.6 –JT

Welfare Officer's Report

The policy documents have been updated with SI as the Welfare Officer. SI has been set up with a @motherwellac.com email address.

CF has passed the folder to SI.

JT will look in to arranging a first aid course for MAC members.

Action 005.7 –JT

AOCB

Prize Giving

The date of the prize giving has been provisionally set as November 20th at St Bride's Hall. WM to confirm the venue is available.

Action 005.8 –WM

AC will be asked to provide the catering again. JS stated that we should consider catering for those with specific dietary requirements.

SD will start arranging raffle prizes.

Action 005.9 –SD

The committee will meet on 17th September at 20:00 to discuss the prize giving. BMcC will be invited along. WM to book meeting room.

Action 005.10 –WM

AGM

The date of the AGM has been provisionally set as October 20th in the Clyde Room at the Water Sports Centre. JS to confirm the venue is available.

Action 005.11 –JS



EM stated that the following positions should be advertised:

- T&F Administrator – responsible for booking buses, sending out notes etc;
- Social Convener.

Membership Renewal

The committee agreed that 2010 memberships should be paid by 1st March 2010.

The committee agreed that the 2010 membership forms will be updated to state that the training subsidies will be paid for each session. The next committee will decide whether an additional statement will be added for training with MAC approved coaches.

Club Kit

JS will investigate spike bags in MAC colours.

Action 005.12 –JS

Date of next meeting

17th September 2009 – discuss prize giving

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